

An Idiot's Guide to the Standard Flush Toilet

— Making Standing Urination a Success —

Abstract—This manual contains a brief overview of the methodology of choice to make your toilet trip a success. It seems to be the first of its kind and long overdue, as the unhygienic conditions in our public toilets affect half of the world's population. Five simple techniques are presented that will avoid and remove any embarrassing spills. The result is a single page, that can be distributed to colleagues, friends and family, hopefully resulting in cleaner toilets. The author would like to apologise to any readers who take offense to the explicit nature of this paper, but this was found appropriate due to the importance of the topic.

I. INTRODUCTION

Urination is an important bodily function and usually occurs multiple times per day. Standing urination requires skill and precision. Most urinators have not mastered this skill, as is evident in public toilets around the world. As the lack of such skills results in unpleasant, unhygienic conditions, especially for people wishing to sit on the toilet, this manual was compiled as what seems to be the first of its kind.

In order to make standing urination a success, it is helpful to view the process as a game of darts. Imagine that the inner rim of the toilet bowl represents the edge of a dartboard. The aim of the game is to aim the urine stream as close to the middle of the dart board as possible. The result of a urination attempt can be divided into two categories — urination into the bowl is judged as a success, whereas as much as a drop on any part of the toilet, or even worse on the floor or walls, immediately announces to the world that this contestant is a complete novice and should in future revert to seated urination until standing urination has been mastered without any spill.

II. PRE-URINATION

In order to reduce the chances of embarrassing spills, a professional urinator will make use of a little trick, which is quite acceptable in urination circles. He will increase the size of the acceptable target region by **lifting the toilet seat**. Not only does this increase his chances of success, but a slight spillage on the rim of the toilet is far more acceptable and hygienic than spilling on the toilet seat. **NEVER SPILL ON THE TOILET SEAT. OFFENDERS WILL BE PROSECUTED.**

III. URINATION

Accurate standing urination is best achieved through years of practice, preferably against a tree where spillage will evaporate or be absorbed by the surrounding vegetation. The novice wanting to attain the status of an accomplished standing urinator is advised to **attempt urination against the base of the tree**, up to a height of 30cm, which corresponds to the approximate inner surface area of the toilet bowl. Once the novice has achieved sufficient control over his jet and is able to wet the base region of the tree trunk without spilling onto the surrounding regions or the higher regions of the trunk, he will graduate to standing urination in his own private toilet. Once successful standing urination without any spills can be

achieved in the private toilet for a one week period, he may attempt urinating in a public toilet.

An important concept, which many a novice urinator does not seem to grasp, is the relevance of fluid mechanics when discussing urination. Consider a pipe, which has similar dimensions to the male urination organ. If a fluid is ejected from this pipe and a material, similar to the male foreskin, partially covers the fluid trajectory, the fluid will be refracted. In the case of the male urination organ, failure to retract the foreskin will result in such a scenario. The trajectory of the fluid may be refracted from its natural path by an angle of uncertainty of up to 40°. If the foreskin is retracted, an angle of uncertainty still exists, but is limited to approximately 5°. Professional urinators and other academics therefore have a large advantage over the novice, simply by adopting this technique.

Many cultures have identified the foreskin obstruction as a danger to the hygiene of fellow men and have accordingly adopted circumcision as a solution. **The author proposes that any urination novices, who refuse to retract their foreskin and are caught urinating anywhere except inside the toilet bowl, be subjected to circumcision.**

The second aspect of fluid mechanics that needs mentioning is that fluids have a mass and are attracted directly towards the centre of Earth. After urination, any drops that fall will not have much of an initial velocity. An ejection pipe will have to be located directly above its target, or else an undesirable spill will result towards the end of the flow. **The urinator is therefore advised to lean over the toilet during the end stages of the process.**

IV. POST-URINATION

It is commonly accepted that the species *Homo Sapien* is prone to err. Professional urinators who follow the rules of successful urination might occasionally still spill a drop, especially when under the influence of alcohol. To avoid any embarrassing evidence, a roll of toilet paper is located in every toilet. This gives the urinator an opportunity to **remove any spill, especially on the toilet seat**, before other toilet users take notice — and take offence. The novice is urged and advised for the sake of his foreskin, to follow this example.

V. CONCLUSION

Standing urination is an ancient art that requires skill and precision. Our society currently offers no training of any kind that communicates these skills to the average male. This manual was accordingly compiled to serve as a solution to this problem. Simple techniques are shared with the user to empower him with the tools required to achieve successful standing urination. These techniques can be summarised as

- **Practise against a tree first.**
- **Lift the toilet seat.**
- **Pull back foreskin.**
- **Stand close to the toilet.**
- **Wipe up any spills with the toilet paper provided.**