

Sunday, July 5, 2009

As you begin to see the evidence of God's name and energy being deleted from the planet, it will make sense that you have also been blocked from communicating with Him.

My original intention was to write a chapter that teaches readers how to use a pendulum to communicate with God and it turned into a briefing about galactic politics as well as a report on who is blocking communication.

OUTING TRICKSTERS POSING AS GOD

I don't know how I remembered God's action words or why there seems to be such a short list. Many times, I've wished that "Protect" was in the list! Instead, there are four action words that not only *Out* tricksters [thrown out of a space], they also *Block* their actions to harm, *Remove* implants or whatever else they have left behind and *Restore* any damage they may have done.

In January, 2009, after I said a prayer and asked God how I could serve Him, I began writing down information I received every day. I could tell that "tricksters" [or intruders] had arrived and were attempting to give me incorrect information. For example, I remember hearing the suggestion that I

should work on a film to spread news about the Ascension. I preferred the idea of a free e-book that would be accessible to everyone and I sensed that the suggestion of a film had come from someone who wanted to slow down the pace of God's Ascension Training. To verify what happened, I asked:

"Are You God? [3 variations]."

"Yes."

"Were there intruders present when I asked how I could serve You?"

"Yes."

"Have they given me ideas and information to throw me off?"

"Yes."

"Has discernment been a challenge?"

"Yes."

"Does repeating, 'Are You God?' several times help?"

"Yes."

"Can an intruder pose as God more than three times?"

"No."

"Does adding the 'Please Communicate Prayer' also help?"

Dear God,

Please communicate with me.

Love,

[Your Name Here]

"Yes."

"Have there always been tricksters on the planet trying to block humans from communicating with You?"

"No."

"Has blocked communication coincided with a Reptilian invasion?"

"Yes."

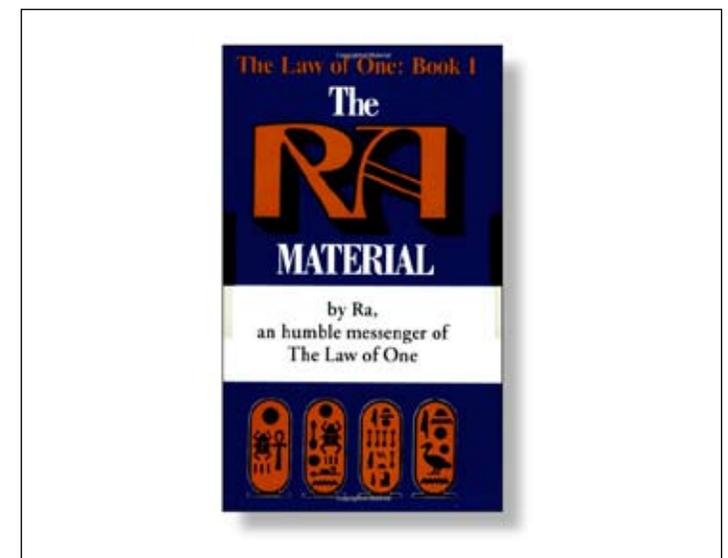
"Is blocked communication due to their skills with magnetics and energy?"

"Yes."

Intruders who have tried to throw me off with incorrect information often give themselves away because their suggestions are not compatible with The Law of One. The suggestion to work on a film is a good example. Films take months [or years] to produce and the Ascension is less than four years away.

THE LAW OF ONE

Seven years ago, concepts in *The Ra Material* struck a chord in me—



The Ra Material is a transcript of taped recordings of twenty-six conversations between Don Elkins and an extraterrestrial being named Ra who spoke through Carla Rueckert..

specifically The Law of One and Ra’s instruction to ask God how we may serve Him. *The Ra Material* [4 volumes] contains recordings of an extraterrestrial being named Ra who spoke through Carla Rueckert.

The Law of One is ancient and may be compared to Christianity’s Golden Rule. Both are very simple principles to live by:

Do unto others as you would have them do unto you.

The Law of One pre-dates Christ by several thousand years. Egyptian Pharaoh Akanaton [1380-1362 BC] taught the brotherhood of all men.



Statue of Akanaton in the Egyptian Museum in Cairo, Egypt. Source: Gérard Ducher Gérard Ducher , Wikipedia.

History says Akanaton taught monotheism [One God] which is correct, but he also taught the principle of The Law of One.

There is a shared opinion among all religious, ethical groups and philosophies that we need to treat others as we would like to be treated. Unfortunately, this concept has been abandoned/forgotten by large numbers of people on the planet.

Christ expressed The Golden Rule [or The Law of One] as one body:

1 Corinthians 12:13 For by one Spirit we were all baptized into one body whether Jews or Greeks...

Anyone is free to choose a path to Ascension. However, loyalty to The Law of One is a requirement that is frequently a disqualifier.

AKANATON IN THE RA MATERIAL

Ra speaks about Akanaton in *The Ra Material* although he does not mention him by name:

We spoke to one who heard and understood and was in a position to decree the Law of One. However, the priests and peoples of that era quickly distorted our message, robbing it of the, shall

we say, compassion with which unity is informed by its very nature.

Note: Akanaton is also spelled Akhenaten.

Ra’s statement about the priests and peoples of ancient Egypt distorting his message suggests that intruders have been busy blocking communication for a very long time. To learn more about this, I asked:

“Are You God? [3 variations].

“Yes.”

“Was Akanaton the “one” who Ra says understood and decreed The Law of One?”

“Yes.”

“Was his message quickly distorted in the seventeen years of his reign?”

“No.”

“Has history distorted Akanaton’s belief in one God?”

“Yes.”

“Has history portrayed him as a monotheist but omitted important details?”

“Yes.”

“Has there also been an attempt to distort a description of Akanaton’s belief in one God by saying he was a henotheist?—meaning that he had a belief in the importance of one major God but still believed there were lesser gods?”

“Yes.”

DISTORTIONS ARE PERVASIVE

As much as *The Ra Material* contains an important theme regarding The Law of One, like most New Age material, there are hints that it also contains distortion. For example, Ra refers to the Orions as intruders who manipulate but does not use the word Reptilian or Anunnaki. If you search for information about the Orion Reptilians, you will find several books and articles that provide details about the Orions who are Reptilian geneticists that created a “homo-sapien” approximately 100,000 years ago to mine gold and work as servants. The fact that Reptilians were manipulating human genetics long before Atlantis or ancient Egypt, made me ask:

“Are You God? [3 variations].

“Yes.”

“Is Ra a Reptilian?”

“No.”

“Was the communication that came through Carla Rueckert filtered to remove clues about the Reptilians?”

“Yes.”

Zecharia Sitchin, author of *The 12th Planet*, published in 1976, was the first to propose the idea that human beings evolved from ancient astronauts [aka aliens] who have visited Sumeria from a planet called Nibiru. Sitchin says Nibiru passes through Earth’s solar system every 3,600 years and based his

ideas on his interpretations of cuneiform tablets that were discovered approximately a century ago in southern Iraq.

Sitchin’s book relates how the Sumerian texts [on cuneiform tablets] state that the Anunnaki came to Earth from the planet Nibiru and the term Anunnaki means “Those Who from Heaven to Earth Came.” In Chapter 6 of *Genesis* the Anunnaki are also called ‘Nephilim,’ which means “The Watchers.”

[Note Southern Iraq, Sumer or Mesopotamia is the area that school children learn is the “cradle of civilization”].

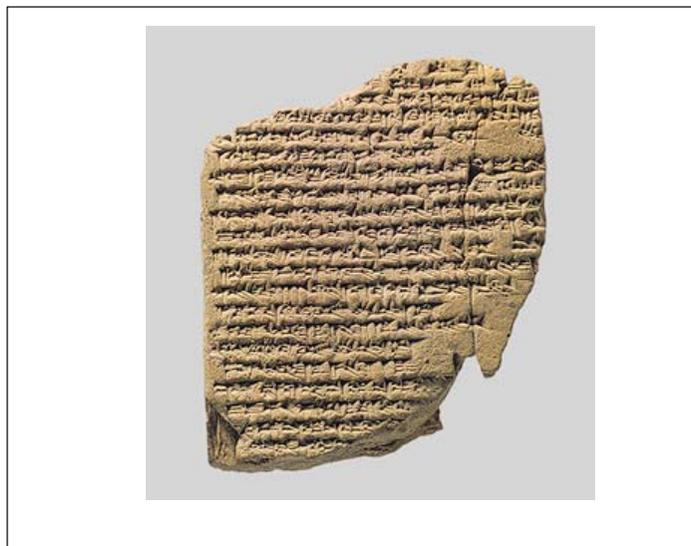
To learn the truth about human origins, I asked:

“Are You God? [3 variations].

“Yes.”

“Are the Orion Reptilians intruders?”

“Yes.”



Clay cuneiform tablet. Source: Metropolitan Museum of Art, Ancient Near Eastern Art Department..

“Are they the only intruders?”

“No”

“Has Earth [and humans] been visited [and manipulated] by several races?”

“Yes.”

Further reading helped me to understand that although the Orion Reptilians are intruders, they are the foot soldier/pawns of Sirians and Men from Orion [Men in Black] who have advanced knowledge of alchemy and magnetics. Several sources say that the Sirians and Men from Orion brought alchemy to Atlantis and led a group of “Sorcerer Kings” in the continent’s last days. Australian author Peter Farley’s *Where Were You Before the Tree of Life: The True History of the Darkness and of the Light* names Thoth/Hermes as the Sirian who is responsible for bringing alchemy to Atlantis, that in part, led to its destruction.

“Is Peter Farley correct when he identifies Sirians and Men from Orions as a controlling dark force that manipulate Orion Reptilians, who in turn, manipulate humans?”

“Yes.”

Peter Farley explains that the alchemical knowledge brought to Atlantis made the intruders feel like God and that they wished to compete with God.

Is Peter correct in stating that alchemists [specifically Thoth/Hermes] is competing with You?”

“Yes.”
Is it important for humans to understand that much of their history has been ‘deleted’?”
“Yes.”
“Are most humans asleep?”
“Yes.”
“Is reality vastly different than what most humans believe?”
“Yes.”
“Is a sleep state a tragedy this close to the Ascension?”
“Yes.”
“Will the truth be a shock to most people?”
“Yes.”
“Is it necessary for humans to learn the truth about their history?”
“Yes.”
“Is it particularly critical for the Azurites to learn the truth?”
“Yes.”

BIBLICAL TEXTS THAT SUPPORT SITCHEN

Biblical texts exist that make reference to the ‘gods’ who resided on Earth and interacted with humanity. Examples include The Book of Enoch and Genesis. The Book of Enoch is excluded in most versions of the Old Testament but appears in the Ethiopian and Slavic versions of the Old Testament. Passages describe a rebel group of angels, the ‘Nephilim’, who numbered 200, who settled the Earth and interbred with the human population before being recalled

and punished by their superiors, the ‘Elohim’. The Book of Genesis refers to ‘sons of gods’ [Nephilim] who interbred with humanity.

Australian author Peter Farley’s *Where Were You Before the Tree of Life: The True History of the Darkness and of the Light* says:

Sumer (actually Shumer) was called— “land of the Guardians.” The term Nephilim (alias the Anunnaki) was also rendered as “Guardians” or sometimes as “Watchers.” In ancient Egypt, the term for “gods, divine” was Neteru, also translated as “Guardians.”

To try to learn more truths about human origins, I asked:

Are You God? [3 variations].
“Yes.”
“Is Peter Farley correct about the meaning of the term Nephilim?”
“Yes.”
“Are Nephilim Reptilian Anunnaki?”
“Yes.”
“Are they also foot soldier clones of Sirians and Men from Orion?”
“Yes.”
“Is Thoth, the master alchemist, directing the Nephilim Reptilian Anunnaki?”
“Yes.”
“Has the term Nephilim been cleverly used in the Bible to make humans be-

lieve that the Nephilim are angels?”

“Yes.”
“Were Nephilim ever angels?”
“No.”
“Are the Elohim angels?”
“No.”
“Are the Elohim the parents of the Nephilim on Nibiru?”
“Yes.”

Armed with the idea that there are no angels, I searched for Jewish interpretation of “Elohim” and found that it means “sons of God.” Based on what Peter Farley says about the word “god and “divine” translating to the word “Guardian” and “Anunnaki,” it appears that the Jews made a mistake when they used a capital “G.” Elohim are sons of god with a little “g” meaning sons of Anunnaki. History says the



Medieval Christian theologians invented hierarchies of angels that are often portrayed as intermediaries between God and humans. We DO NOT need intermediaries..

early Christians took over the Jewish ideas of angels [and no one caught the mistake of the little “g”]. The interbreeding that took place between the Anunnaki and humans is described in Genesis 6:1-4:

And it came to pass, When the Earthlings began to increase in number upon the face of the Earth, and daughters were born unto them, and the sons of the Elohim saw the daughters of the Earthlings, that they were compatible. And they took unto themselves wives of whichever they chose.

“Is the interbreeding plainly described in the Bible?”

“Yes.”

Are humans too asleep to understand the meaning of this passage?”

“Yes.”

ASKING GOD ABOUT “GUARDIANS”

The fact that the word Nephilim or Anunnaki translates into the word “Guardian”, “Watcher” or that the Egyptian word for “gods” and “divine” means Guardians—came as a shock to me. Christians, Jews and Muslims all believe in angels and the Anunnaki have had a long time to “spin” angel stories.

“Is Peter Farley correct about the terms ‘Guardians’ and ‘Watchers’?”

“Yes.”

“Are Nephilim, Guardians and Watchers all terms that refer to Anunnaki?”

“Yes.”

“Have these terms been used in a favorable context in New Age books?”

“Yes.”

“Are the Anunnaki part of what Peter Farley calls the ‘darker races’?” [See: Peter’s comments from his book on the next page].

“Yes.”

“Have these expressions been used to seduce humans into believing that they are protectors?”

“Yes.”

“Are there any angels?”

“No.”

“Are angels posers?”

“Yes.”

“Have humans been conditioned to think that they have “Guardian” angels?”

“Yes.”

If the Reptilian geneticists have been manipulating humans for 100,000 years, they could manipulate humans into believing any story.

If you research the names of angels in Jewish or Christian faiths, many are called “Guardians.” For example, the Cherubs are the “Guardians of light and the stars.”

“Are there Anunnaki “Guardians” “guarding” to make sure humans do



Athanasius Kircher’s map of Atlantis, in the middle of the Atlantic Ocean. From *Mundus Subterraneus* 1669, published in Amsterdam. Source: Wikipedia.

not learn the truth?”

“Yes.”

“Is Peter Farley correct when he describes Anunnaki as ‘bullies of the universe’?”

“Yes.”

“Are the Azurites powerful beings who are a match for the bullies?”

“Yes.”

“Are the Azurites warriors?”

“Yes.”

P.M.H. Atwater’s book *Beyond the Indigo Children* contains a hint of the Azurite’s warrior status in a chart called “Generational Signatures.” The Millennials’ “positive signature” is “Tolerance” and their “negative signature” is “Anger” or a “Peculiar Impatience.”

A friend of mine [Carol] who has been experienced energy attacks for years has noticed that the attacks stop when she gets angry.

“Is Carol an Azurite?”

“Yes.”

“Does anger neutralize alkaline energy?”

“Yes.”

“Do the Reptilians hide because they know that the Azurites are warriors who are here to stop them from taking over the planet?”

“Yes.”

“Is the Azurite connection to You their biggest advantage?”

“Yes.”

“Is this connection through Prayer that has only just begun?”

“Yes.”

In *Where Were You Before the Tree of Life: The True History of the Darkness and of the Light* says “the technology of Atlantis far outdistanced our own considerable achievements in technology, and was more advanced than even that of the Anunnaki.”

“Was Atlantis destroyed by the Anunnaki?”

“Yes.”

“Will the Azurites allow the Anunnaki to destroy or conquer Earth?”

“No.”

Peter Farley says that Atlanteans used their technology for repolarization of

DNA to keep themselves young and alive.

“Did Atlanteans become involved in genetic manipulation?”

“Yes.”

“Was this an Orion Reptilian [or Sirian and Men from Orion] influence?”

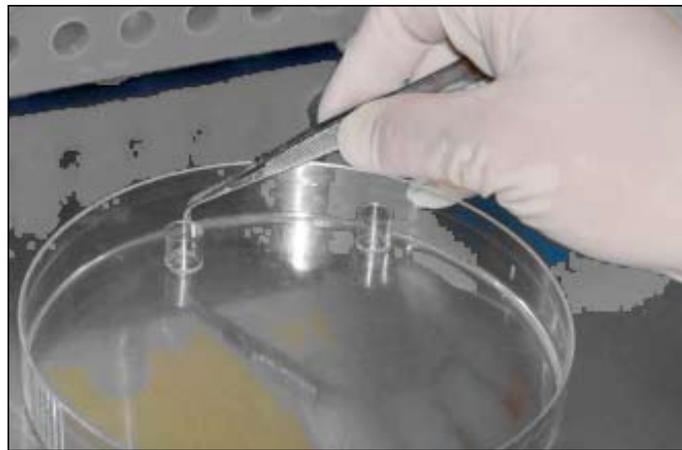
“Yes.”

REPTILIANS ARE GENETICISTS

There is ample evidence that humans are being compelled to experiment with genetics and the trend is accelerating.

Genetic manipulation or the creation of everything-synthetic is standing in the way of human Ascension. In his book, Farley writes:

Today’s geneticists are repeating many of the same errors of those who have gone before them, or as



British scientists want to fuse human and animal cells to conduct research and are calling the hybrid embryos “chimeras.” The U.S. Patent Office has decided to grant patents for human-animal genes.

it might be said, in Cayce’s eyes, repeating many of the mistakes they have already made in life-times before this one. Already the mixing of animal and human genes is being experimented with, supposedly to benefit mankind. The Island of Dr. Moreau is a wonderful allegory of this time and the results one might end up with if one is not careful.

WHO ARE THE ORION REPTILIANS?

As already mentioned, Farley identifies the Orion Reptilians as a race that is related to the Sirians (who are 5th dimensional beings) and to the Men from Orion (who are 7th dimensional):

It is a point to be made here that it is much simpler to control a race of people who are 3rd dimensional [humans] and believing that they are so, than it is to control a 5th dimensional race with 12th dimensional capabilities. The bullies of the Universe [Anunnaki] pick on the ‘younger’ kids.

The relationship between the Anunnaki and their ‘masters’, was more in the form of lackeys or as a servile or subservient race, rather than as equals or competitors. Stories of the wars upon Earth between these races are correct, the wars being

caused by the jealousy the Anunnaki had for the level of technology of the Sirians, and also of the control the Sirians exercised upon the planet through their presence in the later stages of Lemuria's existence, and most of the time in Atlantis.

To check on the accuracy of Peter's comments, I asked:

Are You God? [3 variations].

"Yes."

"When Peter says there were wars upon Earth, does he mean in 3D?"

"No."

"Do the Sirians and Men from Orion have a hand in manipulating Earth?"

"Yes."

"Are there nice Anunnaki?"

"No."

"Are there nice Sirians and Orions?"

"Yes."

"Are there any groups in the galaxy who do not want to see the Anunnaki take over Earth?"

"Yes."

"Is there a non-interference rule that prevents them from interceding?"

"No."

"Are these groups loyal to The Law of One?"

"No."

"Are there are higher dimensional beings who are not loyal to The Law of One?"

"Yes."

"Will humans who Ascend be required

to share space with higher dimensional beings who are not loyal to The Law of One?"

"No."

NIBIRU IS A STARSHIP

Peter says Nibiru is not a planet but technological construct that is artificial—a circular starship with proportions of a small planet that has life-sustaining capabilities for millions of beings—that can colonize other planets. Farley says Nibiru is the white dwarf star known as Sirius B, located in the constellation of Canis Major and that Nibiruan visits coincide with wormholes that open and close. Peter writes:

The cycle of portals opening and closing is along the lines of 3600 years, and they remain open for periods of two to three hundred



Artist's impression of Sirius A [Left] and Sirius B [Right].
Source: Wikipedia.

years at a time, sufficient time for the Anunnaki to come and go and still appear as the gods that everybody thought they were. It is the opening of the portals that occurs every 3600 years, not the actual physical planet coming around and traveling through the solar system. This is the reason for the alignment of most of their 'sacred' sites to the stars for the calculation of these times.

Several writers have written about Nibiru and the Anunnaki "return." For example, Barbara Hand Clow writes:

Nibiru's agenda is to access more feelings, and it is being drawn back into the solar system faster than usual... My whole system has the reddish glow of passion, look at Io as it brightens like a diamond waiting for 2010.

To verify there will be a Nibiruan/Anunnaki return, I asked:

Are You God? [3 variations].

"Yes."

"Is Peter Farley correct about portals opening and closing?"

"Yes."

"Will the portals open in 2010?"

"Yes."

"Are the Anunnaki planning a return in 2010?"

"Yes."

“Are the Nibiruan/Anunnaki already here?”
 “Yes?”
 “Do they resemble 3D humans?”
 “Yes.”
 “Are they in disguise?”
 “Yes.”
 “Do they also pose as animals and other life forms that you did not create?”
 “Yes.”
 “Like Grackles, reptiles and several others?”
 “Yes.”
 “Will more Nibiruan/Anunnaki arrive in 2010?”
 “Yes.”
 “Will the 2010 group be in disguise?”
 “No.”
 “Is this planned to coincide with the Ascension?”
 “Yes.”
 “An Ascension that they want to block?”
 “Yes.”

CASSIOPAEAN TRANSCRIPTS

Laura Knight-Jadczyk, who contacts Reptilian aliens on a ouija board, has published the information her transcripts on www.cassiopaea.org. On November 2, 1994, the Cassiopaens told her that 36 Nephilim are coming to Earth near the time of the Ascension. Laura’s transcript contains the following question and answer:

Q: (L) Now, you say these Nephilim are coming and there is about 36 million of them, correct?

A: Yes.

To verify this, I asked:

“Are You God? [3 variations].

“Yes.”

“Are the Cassiopaens in Laura’s channeling real?”

“Yes.”

“Is the Nephilim visit they refer to the same as the visit that coincides with the portal opening?”

“Yes.”

“Is the number correct?”

“Yes.”

If the Reptilians have been manipulating genetics for 100,000, have they blocked other Ascensions?”

“Yes.”

“Are there groups in the galaxy who know about this?”

“Yes.”

“Are there any other planets being blocked from Ascension?”

“Yes.”

“Will human Prayer have an effect on any other part of the galaxy?”

“Yes.”

“Is that why the Azurites are here?”

“Yes.”

“Will you deal with those who have turned their back on humans and other planetary inhabitants who have been similarly blocked?”

“Yes.”

TABLETS LOOTED FROM IRAQ

According to the Discovery Channel, there are approximately five million of cuneiform tablets still buried in Iraq, and some 500,000 that are kept in museums and private collections around the world.

Eric Meyers, Duke Professor and former president of the American Schools of Oriental Research, says that due to the two wars in Iraq, “approximately 150,000 or more cuneiform tablets are currently being looted and illegally smuggled out of Iraq per year.”

I wondered if the cuneiform tablets are leaving Iraq to keep human beings in the dark about their true history. To verify this, I asked:

“Are You God? [3 variations].

“Yes.”



Images of clay cuneiform are available as clipart on the Internet yet most people have never heard of them!

“Does the prolonged conflict in Iraq have anything to do with the historical records that are located there?”

“Yes.”

“Will the war continue until all of the cuneiform tablets have left Iraq?”

“Yes.”

Monday, July 6, 2009

The biggest tragedy of the Annunaki/Sirian/Men from Orion influence on the planet is the blocked communication between God and humans. My guess is that the blocked communication is due to genetic manipulation. To verify this, I asked:

“Are You God? [3 variations].”

“Yes.”

“Is the blocked communication between You and humans the result of genetic manipulation?”

“Yes.”

“Can the communication be re-developed?”

“Yes.”

“Is use of a pendulum a good place to start?”

“Yes.”

“Will there be interference similar to the interference I have experienced?”

“Yes.”

“Should humans ignore the interference and use the steps that I use to

verify that they are communicating with You?”

“Yes.”

“Will there also be progress that develops through the simultaneous Prayers that are said on the planet?”

“Yes.”

“Will communication with You and the guidance You provide be particularly important as we get closer to 2010?”

“Yes.”

“Will you help humans “Out” Reptilians [and Sirians/Men from Orion] who hide and pretend to be their “Guardians?”

“Yes.”

LEE PATTERSON’S PENDULUM LESSON

I tried to learn how to use a pendulum seven years ago but I did not have success. I bought a crystal pendulum and found a paperback book with instructions and made several attempts—following directions to the letter. I could never get the pendulum to move. I finally gave up and decided that I did not have whatever is required to use a pendulum.

In August, 2008, I was so impressed with Lee Patterson’s pendulum demonstration [described in Chapter 1], I decided to search for another book and try again. Lee used a crystal pendulum and his key chain to take energy measurements by counting revolutions in a



Lee Patterson using his pendulum to detect the edge of an energy wave generated by air moving through a tube of air several feet away..

pendulum’s swing. He was so comfortable with invisible energy that it inspired me to practice until I learned how to read “subtle” energy.

The next day, I found Dr. Patrick MacManaway’s *Dowsing for Health* at Barnes & Noble. It’s the only book that the store carries on dowsing. Much of the book contains background information about earth energy [including “dragon lines”] and the most valuable section provides photographs that illustrate how to get started. I would recommend the book for this photographic section. Because I was curious [and somewhat disturbed] about the “dragon lines” in MacManaway’s book, I asked: “Are You God? [3 variations].”



I watched Lee use several different weights as pendulums including his key chain. He provided me with a clue that was helpful when my pendulum was taken away during my illegal arrest in Milwaukee.

“Yes.”

“Have the Reptilians insinuated themselves into the position of ‘controllers’ of Earth’s magnetics?”

“Yes.”

“Is that why MacManaway includes a section on ‘dragon lines’?”

“Yes.”

“Do the Reptilians control the planet’s magnetics?”

“Yes.”

“Do they have 100% control?”

“No.”

“Will their control decrease as Azurites ask You to “Reverse that which needs a correct direction?”

[From the Prayer introduced in Chapter 6].

“Yes.”

“Will their control also decrease as they ask You to “Move whatever requires Your help for safety or to support life?”

“Yes.”

“Will their control also decrease as they ask You to “Stretch that which is unnaturally compressed?”

“Yes.”

“Will Your response to these requests be four times as powerful if the Prayer is recited at Sun Rise and Sun Down?”

“Yes.”

Notes: Instructions for reciting the Prayer that contains these requests—simultaneously with other Azurities are given in Chapter 8.

Due to simultaneous reciting, I am now able to do more writing than I did in May and June when energy attacks were very severe.

FINDING OR MAKING A PENDULUM

When it came time to buy or make a pendulum, I decided that because I was “challenged,” I needed something that was lightweight. I went to JoAnn Fabrics and found a drapery pull and cord in their notions department. I now realize that any symmetrical object — or, even slightly unsymmetrical, can be suspended from a string and used as a pendulum. At the time, I wanted to increase my chances of success by using a light pendulum instead of something heavy.



Drapery-pull pendulum that I bought at JoAnn Fabrics that was lost when I was arrested in Milwaukee [See: Chapter 6].

It’s been almost a year since I watched Lee Patterson use his pendulum and I’ve used my pendulum every day. For readers who are learning, I would recommend experimenting with two or three different pendulums to find one that you like and to watch for subtle differences or similarities in how they react.

TRAINING MY PENDULUM

MacManaway uses the expression “training” to describe the first few practice sessions with a pendulum. These first steps are designed to establish a movement pattern that represents a “Yes” and a “No.” In my case, the pendulum swings in a clockwise direction for a “Yes” and counterclockwise for a “No.”

MacManaways's methods for getting to this point are very helpful. He says to begin by sitting in a chair and to hold a pendulum in your dominant hand [the hand you write with] midway between your left and right leg [over your lap]. The next step involves swinging the pendulum away from you and then back in a vertical motion.

While the pendulum is in this swing, you can ask it to show you directions for a "Yes" and a "No" by saying, "Please show me a "Yes" [watch what it does]. This is the point where I noticed a clockwise swing.

Once you notice a pattern for a "Yes," the next step is similar but the request is to show you a direction for "No" using the same phrase, "Please show me a "No" [again, watch what it does].

For the first week that I used my pendulum, I thought I needed to use these "training" statements as a start-up exercise. Once the directions of my pendulum swing were established, I used MacManaway's suggestion to practice with phrases that elicit "Yes" and "No" responses from the pendulum::

"My name is Mary Jo" [Yes].

"My name is Lucy." [No].

"ARE YOU GOD?"

My progress was rapid and I began asking the pendulum about choices of

food to buy, where to shop, ingredients to add to recipes and questions about taking care of my car. I also started asking the pendulum questions about feeding the birds and squirrels that visited my balcony as well as questions about the plants in my apartment. Within a few weeks, I began to wonder if I had contacted a guardian angel or perhaps a nature spirit. My intuition must have told me it was neither of these and one night I asked, "Are You God?" The pendulum gave me a "Yes!" [now that I know what "guardian" implies, I'm glad my intuition led me to ask if I was communicating with God!!]

I was both startled and comfortable with the idea that God was communicating with me through my pendulum [I've asked God several times whether I'm somewhat in the state of shock and He says, "Yes"].

The reason I'm relaying this story to readers is to encourage you to do the same. There is obviously a crisis brewing on the planet and others can communicate with God as I have done. Because I learned how to use my pendulum before learning about my connection to God, I asked Him for advice on learning—for those who want to make a similar connection.

"Are You God? [3 variations].

"Yes."

"Would You recommend that those

who want to make a connection with You start by saying the Prayer:

Dear God,
Please communicate with me.
Thank You,
[Your Name Here]

"Yes."

"Would their "training" then progress like mine—only, the question, "Please show me a "Yes" and "Please show me a "No" would be addressed to You?"

"Yes."

"Would it also help for them to begin every session with three variations of the question "Are You God?" the way that I do?"

"Yes."

"Should they practice by asking simple questions?"

"Yes."

"Should they ignore tricksters?"

"Yes."



Mu pendulum helped me understand when to feed the birds on my balcony, how much food to put out and whether it was going to rain #7352673.

MAGNETIC OVERRIDES

In the days that followed, breaking through the “interference” barrier was frustrating. I did not understand why there was interference and it seemed that there must be some workaround that dispersed what seemed like static energy. I remember asking, “Is there some “override?” I did not even know why I used the word “override.” The response to that question was a BIG “Yes.” To verify that I had just received a “Yes,” I re-phrased my question: “Is there some way of clearing the interference?” Again, a “Yes.”

I immediately wanted to know how many “overrides” there were and I used Lee Patterson’s method of counting revolutions of the pendulum to obtain an answer [I find that it’s easier to guess-estimate a number and look for a Yes” or a “No”].

The number of revolutions that I counted was twelve [Earth’s number]. I then had to guess what the twelve were:

1. The Please Communicate Prayer.
2. Washing a pendulum cord [with water or white vinegar].
3. Washing Your hands [or body].
4. Spraying a room with white vinegar.
5. Eating or drinking an acid-forming food or beverage.
6. Changing pendulums.

7. Changing rooms.
8. Walking outside.
9. Moving up or down 12 feet [e.g. stairs].
10. Moving horizontally 1,200 square feet and remaining stationary for twelve minutes.
11. Moving into God energy inside a Mezuzah room [added recently].
12. Avoiding primary colors [mostly blue but also red and sometimes yellow - described in other chapters].

INTERFERENCE IS ALKALINE ENERGY

It was during my ‘guessing session’ for “overrides” that I first heard, “white vinegar.” I had a bottle of white vinegar in my kitchen cupboard and when I used it on my pendulum cord, I had immediate success clearing interference. That was my first introduction to the power of “hydrogen ions.”

Keep in mind that pendulum “fixes” will only be partially successful if your body or your environment is full of alkaline energy. Previous chapters include extensive instructions on how to use white vinegar in a bath, on a wash cloth, in the wash, on dishes [or in the dishwasher] and on the surfaces in your home. The same principles that help you clear alkaline interference energy around your pendulum also apply to everything else around you.

THE POWER OF PRAYER

Food chemistry and white vinegar are effective short term solutions but Prayer is necessary for a permanent change.

Simultaneous Prayer said at Sun Rise and Sun Down are the most potent solution for taking back the planet. To understand the Azurites role in this, I asked:

“Are You God? [3 variations].

“Yes.”

“Were simultaneous Prayer recited in Atlantis?”

“Yes.”

“Is there something special about the voices of Azurites?”

“No.”

“Did the Atlanteans understand sound?”

“Yes.”

“Is the power of simultaneous Prayer related to the mystery of sound?”

“Yes.”

“Should all humans be encouraged to say my Prayer for protection and healing at Sun Rise and Sun Down?”

“Yes.”

“Will the power of simultaneous Prayer make it possible for humans to take back the Earth?”

“Yes.”

“Is there a lot more to learn about energy and Prayer?”

“Yes.”